

# Virtual Support and Resources

## RTZ HOPE

You've just received a life-limiting or fatal diagnosis during your pregnancy

### MONTHLY VIRTUAL DROP-IN PEER SUPPORT

You are in uncharted territory and considering all of your options. We offer support, guidance, and resources from those of us who have been there and "get it".

[www.rtzhope.org](http://www.rtzhope.org)

- Single session virtual groups led by facilitators who have lived experience
- For parents who are preparing for the unexpected outcome of their pregnancy



- Sign up at [rtzhope.org/register](http://rtzhope.org/register)
- Sessions are listed under "Monthly Drop-In Support for Parents"
- No cost

The waiting period between receiving a life-limiting or fatal diagnosis during a wanted pregnancy and the final outcome is an overwhelming period of grief and the unknown. We hope to offer a space for support and education based on the lived-experiences of peer facilitators who have walked similar paths