

# ANNUAL REPORT 2023

www.rtzhope.org

# OUR MISSION



Return to Zero: HOPE is a national non-profit organization that provides holistic support, resources, and community or all people who have experienced unimaginable loss during the journey to parenthood.

#### MISSION

RTZ HOPE is a non-profit organization engaging a global community of bereaved parents and their health providers to improve mental health outcomes, while also advancing pregnancy and infant loss awareness, education, and support.

#### VISION

Every family experiencing pregnancy and infant loss will have access to resources, social support, and informed professional care to empower families to live a meaningful and hopeful life.

#### **VALUES**

Diversity, Equity, Inclusion Trauma-Informed Care Collaborative Leadership

## **OUR VOICES**



"After 2 1/2 years since losing my son, this retreat offered community, ritual, deep inner world work, and connection to my body that my soul and heart were desperately craving. It helped me see light in all the darkness."

- Crystal, Bereaved Mother, Retreat Attendee

"For the first time in 7 years I feel like I can now see what healing would mean for me, and also feel that it is possible."

- Angela, Bereaved Mother, Retreat Attendee

"It's a blessing to be a part of RTZ HOPE Pregnancy and Infant Loss Support Group Program. I was in a dark hole for months after losing our baby. Each session of our support group helped me to crawl out of that hole. The group made me feel that I belonged, understood, and cared for. I also love that they created a space for us to honor our babies."

- Angel, Bereaved Mother, Support Group Participant

"The RTZ support group was beyond transformative. Connecting with other loss parents in a safe, non-judgmental space was hugely helpful to me in my grief journey. I found a place where my loss was validated and honored, and I learned that I am not alone."

Jen, Bereaved Mother, Support Group Participant

"We really like that the RTZ materials are contemporary and beautiful. They are concise and easy to understand at a time when remmbering is difficult. We love the door cards, and the PDF brochures are invaluable."

Joy Stein, Novant Health

"The RTZ brochures are incredibly helpful for both parents and staff, and I'm grateful to have a wide selection to choose from."

Yolanda King, MedStar Washington Hospital Center

### **OUR IMPACT**

#### 2023 at a Glance



During the last year, RTZ HOPE continued to fulfill our mission of serving bereaved parents and the healthcare providers who support them through a variety of free and reduced fee programs and offerings.

#### HOW WE ENGAGED PARENTS:

- Connection through Social Media
- Education Through Webinars
- Email Newsletter
- Extensive YouTube Channel
- Healing In-Person Retreats
- Informative Website Guides
- Inspiration from our Stories of HOPE Blog
- Meaningful Workshops
- Transformative Virtual Support Groups

WE REACHED OVER

250,000

PEOPLE
IN 2023

#### HOW WE EMPOWERED PROVIDERS:

- Educated With Website Guides and Resources
- Informed through Free Webinar Series
- Hosted Free Drop-in Consultation Groups
- Led Educational Trainings, Presentations, and Seminars
- Provided Free Brochures and Materials

OUR
DIRECTORY
WAS A TOP
VISITED
PAGE



# OUR FINANCES

#### 2023 Financial Statement

#### Revenue

Unrestricted Contributions	\$99,739
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Program Income \$93,556

Other Income \$1,911

Total Revenue \$195,206

#### Expenses

Programs & Services	\$123,931
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Community Engagement \$74,385

Management & Admin \$29,561

Fundraising \$25,572

Total Expenses \$253,449



# **OUR DONORS**

We are grateful to our donors for their generous contributions, which have greatly impacted our organization. Your support and belief in our cause are sincerely appreciated.

#### **COMMUNITY PARTNERS**

Our Community Partners consist of nonprofit organizations, media outlets, and corporations that generously contribute financially or through in-kind donations. Together, we aim to provide enhanced support to families who have experienced the loss of pregnancy and infant.

A BED FOR MY HEART

**AUDIOCHUCK** 

LITTLEST ANGEL FOUNDATION

#### **MAJOR DONORS**

Notable gifts from these individuals made a difference in the past year.

Dorienna Alfred
Colleen Barton
Christine Basile
Michele and Alyssa Basile
Melinda Cline
Dr. Rubin Cockrell
Meghan Conway
Holly Currin
Natasha de Sousa
Melodie Dickey
David and Alois Dressler
Monnica Duarte
Minh Kiet Duong

**Brittany Fonteno** 

Alexis Gallardo

Dawn Guidone

Jakki Guistolisi

Kiley Hanish Sean Hanish Kristie Hernandez Frik Hudak Susan Jacobsen Caroline Joyce Gen Judayna Elmahd Jill Kathleen Alexander Kaysin Elizabeth Ledbetter Stefan and Maryam Lendi Yvonne Lizarraga Ellen Miller Robin Mills **Emily Jane Mockett** Jackie Moher Amalia Murray

**Gregory Noone** Katie Norris **Emily Palmer** Jenna Peterson Melinda Peterson Covella Peterson Staton Amanda Pinkham-Brown Ben Pyne Kristen Rademacher Sydney Ryan Judith Sinopoli Korwin Smith Dani Smithhisler Joanna Suprock Kima Tozay Amanda Varqochik Keisha Wells



# OUR GOALS 2023-2024 INTENTIONS

Looking forward, we intend to increase accessibility for parents and providers to participate in our programs and services.

#### Increase Accessiblity

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You will help us expand our community outreach, connecting with more parents and providers to offer more free and reduced fee services.

#### **Expand Infrastructure**

Your support ensures that we can attract and retain the talented individuals needed to drive positive change.

#### **Prioritize Sustainability**

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You play a pivotal role in propelling RTZ into a new era of impact and sustainability.

# **OUR GRATITUDE**

Every new year, when I take time to reflect on the year that has just come to a close, I am awestruck by all that the RTZ HOPE community has accomplished together. We are so fortunate to have an incredible team of staff, board members, volunteers, and donors who all understand the unimaginable loss that can occur on the path to parenthood - and who work tirelessly to make sure RTZ HOPE can continue to fulfill our mission of shattering the silence around pregnancy and infant loss.

I am, as always, deeply grateful.

THANK YOU.

Kiley Krekorian Hanish, OTD, PMH-C Founder and President

